Coming Events for Term 2

**Week 4**
- **20 May – Tues**  Questacon – Moorland 10:00 to 11:00am
  - Parents to drive students
- **21 May – Wed**  National Simultaneous Story 11:00am
- **22 May – Thurs**  Music – Guitar forms due today.
- **22 May – Thurs**  Biggest Morning Tea - $2.00 10:30 @ hall
- **22 May – Thurs**  Bunnings Sustainability 11:30am – Stage 3
- **23 May – Fri**  Cricket – School Heroes Program 11:45am

**Week 5**
- **26 May - Mon**  Student Banking
- **30 May - Fri**  Cricket – School Heroes Program 11:45am

**Week 6**
- **2 June – Mon**  Student banking
- **2 June – Mon**  P&C meeting 6:00pm

**Week 7**
- **9 June – Mon**  Queen’s Birthday – public holiday
- **12 June – Thurs**  Athletics Carnival

**Week 9**
- **27 June – Fri**  Last day Term 2

**Merit Awards**
- **Daley Jennens** – Good listening.
- **Sam Diebert** – Taking care in completing his craftwork.
- **Tristan Cross** – Good contributions in class discussions.
- **Deegan Fraser** – Fantastic gardening.
- **Jayden Fernance** – Excellent effort.
- **Sam Diebert**
- **Jessica Walker**
- **Deegan Allen**
- **Daley Jennens**
- **Tristan Cross** – 25 nights reading.
- **Sienna Lazzarotto** – 50 nights reading.
- **Tahlia Cox** – 75 nights reading.
- **Jasper Hardy** – 75 nights reading.

**Theatre Night!**
First we would like to thank all the parents, carers and community member that came along to help with the Theatre Night last weekend! Many hands meant a successful evening. Thanks to all of the CHEFS. The feedback was 10/10 for the food from the audience. Well Done!

Thanks to the children, parents and carers that assisted with setting up the hall, serving and cleaning up. Once again a great job which assisted in great feedback on the night.

A special thank you goes out to Mrs Capperauld, the many grandparents and wonderful community members that also came along to help on the night. Their time, effort and commitment to our school demonstrates what a great community we are a part of!

**Bunnings BBQ.**
On **Saturday 7th June** we have a fundraiser at Bunnings BBQ. Shortly we will be asking for volunteers to help on the day with cooking, serving etc., and to make cakes and slices to sell.
During our meeting we discussed having a raffle running on this day to raise extra money for the school. We are asking for donations from families and local businesses that we could use to create a basket and prizes that will highlight our wonderful community at Upper Lansdowne. A poster will be created to display on the day to advertise the sponsors of the raffle.

- If you or someone you know may be able to donate please let me know.

Lastly as part of the P&C’s role within the school we are trying to provide more open communication with all families to ensure everyone is keep up to date with what we are doing and ensure all families feel that have an opportunity to be a part of and support our wonderful school and children. We hope to provide more information through the newsletter and also have the minutes of meeting displayed on the noticeboard. If you feel you would like more information about the P&C or the projects we are working on please feel free to have a chat to me or Ms Capperauld.

P&C Meeting
Next meeting – Monday 2nd June 6 – 7.30pm
(Child care is available during the meeting!)

Sam Lazzarotto
P&C President

Canteens News
Canteen has started again this term. Each canteen day we have a ‘special’ and we are always looking for new healthy, affordable ideas. Please let us know if you have any ideas to add to our menu.

Thanks Kathy and Sam

Questacon Science Circus
Our students will be travelling to Moorland PS to participate in the Questacon Science Circus tomorrow, Tuesday, 20th May, from 10:00 until 11:00 in the morning. The cost is $5.00 per student, and transportation will need to be arranged amongst parents/carers. If you are leaving from the school, we will be departing at 9:15 am. Students do not need to take their backpack or hat to Moorland, as we will be returning to the school for recess.

Guitar
All students participating in guitar are reminded to return their completed ‘Musical Instrument Hire Agreement’. A copy of this form may be obtained from the office on request.

Biggest Morning Tea
A reminder that we have been invited to a Biggest Morning Tea, being held at the hall on Thursday 22nd May. The Craft Club is hosting this event, and is asking for a $2 donation. A Trash and Treasure sale will also be taking place. Parents/carers and other community members are also invited to attend. We will be going down to the hall following guitar/music lessons, at approximately 10:30 am.

Reforms to P&C Federation
The NSW Parliament has introduced legislation to reform the NSW Federation of Parent and Citizens Associations, which has suspended operation pending Supreme Court action. While
these reforms will not affect the day-to-day operation of individual school P&Cs, they will introduce a new executive structure which will ensure the Federation operates as a modern and representative body on behalf of school P&C Associations. Each school’s P&C Association will be asked to vote for councillors and delegates who will represent their electorate at the Federation’s Annual General Meeting and councillors who will serve on the Federation’s Board of Management. More information will be available on the Department’s website at http://www.schools.nsw.edu.au/gotoschool/a-z/involvement.php.

Lack of sleep can be a nightmare
Another compelling reason to make your child's bedroom technology-free is to allow adequate rest. Jennifer Hudson, a professor of psychology at Macquarie University, says teenagers in particular are prone to sleep problems, which will only be compounded if computers or phones rob them of vital sleep. "As soon as adolescents start to take an extra half-hour off their sleep to check their emails in bed, or just texting someone (and that's often happening throughout the night), that can lead to an accumulated sleep debt for the week," Dr Hudson says. "We know when kids don't get enough sleep that impacts on their mental health, their functioning at school and their relationships."

Above and Below: Potting up succulents, and, a giant pumpkin.
Above and below: Year 3-6 – ‘Structures’

Yours in education,
Sheila Capperauld