P & C News
Thank you to all the parents that attended our March meeting. It was great to see new members and the return of the existing members there to support our efforts to ensure our school offers the best opportunities for our children. The minutes will be displayed on the notice board or you can ask Ms Capperauld or myself for a copy if you would like further information about what was discussed. One of our main discussion points was the upcoming Theatre Night.

The **Upper Lansdowne Theatre Night** is on once again at the Upper Lansdowne Hall and we are catering on **Saturday 10th May 2014**

This is one of our main fundraising events of the year and will provide a great opportunity to raise much needed funds for our school. We need helpers to prepare, cook, set-up tables, serve and clean up. Please start to think about how you or your family and friends might be able to help us for this event and we will be around to gather names soon.

We will be preparing, cooking and setting up on Friday and Saturday evening from 6pm to assist in the kitchen serving and cleaning up.

Please speak to Sam Lazzarotto or Kathy Gillett let us know how you can help!!!

*Remember many hands make light work!*
**STAY & PLAY**

A reminder to all families, but especially the new families that each Friday afternoon the P & C hosts ‘Stay and Play’ at the school. This is a great opportunity for the children to play after school and for the adults to have a chat and get to know each other. We invite all community members to join us on Friday afternoons with aunties, uncles and grandparents sometimes joining us for a chat.

Also thanks to the fathers that have recently joined in cricket games during this time. The children have been having a lot of FUN during these games!

Please remember as ‘Stay and Play’ is a P& C initiative it is parents’ and carers’ responsibility to supervise our children, not the responsibility of the staff members.

Please also ensure that your children have access to a full water bottle, as the school water bottles are washed on Friday afternoons, and the classroom is not accessible.

**Cross Country**

Our students in Years 3 to 6 travelled to Coopernook last Thursday to participate in Cross Country Running. Congratulations to all of those students who participated and completed the run. A special congratulations to Tristan and Jayden Fernance, who both finished fifth in their age race, and will be competing at the Zone level.

**State Swimming Carnival**

Best of luck to Jayden Fernance, who will be participating in the State Swimming Carnival this Wednesday, being held at Olympic Park in Sydney. We’re very proud of you, Jayden!

**Science and Engineering Challenge**

Students in Years 5 and 6 will be participating in the annual Science and Engineering Challenge this Wednesday, at the Taree race course. They will work in teams to complete a variety of challenges while competing with other schools.

**In the Classroom**

Students in K-2 have completed their diorama works for the Great Barrier Reef. They all worked really hard and it was wonderful to see all the works on show last Thursday.
Life Education
We went in a big van. It was fun. There were superheroes. It was fun. Deegan was a superhero and Jasper was on the microphone because there was glass on the ground. Rylee was a superhero. Then it was Deegan’s go. I had a good time.
By Sienna Lazzarotto

Healthy Harold is a puppet. We went in his office. We played a superhero game and Healthy Harold told us what to do.
I was a superhero. It was fun. I had a phone and a mask and a cape. We got a book and a sticker and a magnet. We pretended there was broken glass and a needle on the ground. I liked Healthy Harold.
By Rylee Fraser

Cross Country
On Thursday I went to Coopernook School for cross country. I came 22nd and I had to do 2 laps. I saw someone fall over at the top of Heartbreak Hill. When I finished I felt happy.
By Gus Johnson

At the cross country I went in the second race. I came 14th. I had to do two laps. The hardest part was Heartbreak Hill and it is very steep. It was so steep it made me a little sick at the end of the race. I can’t remember anything more so, the end.
By Seb Lazzarotto

Cooking
Year 6 students made brownies with a secret ingredient. Can you guess what it is??
School Garden Visitors
We had unexpected visitors to the school gardens, wandering, scratching and destructive chooks! Ben was very happy to sweep up the debris on the footpath. Thanks Ben!

Jenn and the students have been busy potting plants, taking cuttings and planting seedlings. There will be a plant sale early next term. Keep you posted.

Easter Church Service
Our students (and their families) have been invited to participate in an interdenominational Easter service to be held at St Barnabas Anglican Church in Upper Lansdowne this Thursday 10th April beginning at 11:30 am. Our older students will be part of the presentation, which is being hosted by Father Steve and Pastor David. We hope to see you there.

School Contributions
The school seeks your support for school contributions. These funds are used for your child/children’s daily needs of text books, writing books, paper, pencils, art supplies etc. School contributions have been set for $15.00 per student or $30.00 per family.

Managing screen-time
Helping kids find the right balance between activities, homework and screen time is a challenge that only gets harder as they grow older. Commonsense Media has lots of useful resources to help – from movie and game ratings to articles like this one on setting screen time limits that are realistic enough that your children will actually follow them. Read the article here: http://bit.ly/1pBlfrnK

Books to boost brains
Literacy skills often progress suddenly in leaps and bounds. The secret is to keep kids of all ages reading over the weekends and school holidays. Even 20 minutes a night can make a huge difference to their reading, comprehension and general knowledge. It’s also a great way to settle their minds down before sleep (for adults too!). If your child hasn’t found a book that grabs their imagination, why not try them on a series book from the Premier’s Reading Challenge list? Here are top suggestions for all ages, including young adult: http://bit.ly/1dLSGC0

Easter Break
We wish you all a safe and relaxing Easter break.

Yours in education
Sheila Capperauld